



POSSIBLE SIDE EFFECTS DURING OR FOLLOWING HYPERBARIC OXYGEN THERAPY

During hyperbaric oxygen therapy, the air pressure in the chamber is higher than normal air pressure. The increase air pressure will create a temporary feeling of fullness in your ears and possibly sinuses. This is similar to what you might feel in an airplane or at a high elevation. You can relieve that feeling by yawning or swallowing. If this persist or causing you pain, please advise your care team.

You also might notice some noise and temperatures changes during the compression and decompression phases of your treatment.

If you are a diabetic your blood sugars might decrease during the therapy. Please make sure you have eaten prior to treatment as well as have emptied your bladder.

It is normal to feel fatigued after hyperbaric oxygen therapy. This is a normal side effect and should not limit your normal activities. If you feel that it is prolonged excessive fatigue, please notify us.

The shape of your eye can temporarily change for up to six weeks following hyperbaric treatments. You may actually notice an improvement in your vision. If you wear glasses or contacts do not change your prescription without letting your Ophthalmologist know that you are having Hyperbaric Oxygen Therapy (HBOT).

For most conditions, the therapy last approximately two hours, so please make sure you have used the restroom just prior to the treatment. Members of your health care team will monitor you and the therapy unit throughout your treatment.

If you should experience anything you have questions about, please call us at 410-433-4300. If after hours, please call the office and you will be forwarded to our answering service and they will contact the on-call physician.

10540 York Road • Suite H • Cockeysville, MD 21030
1811 Crain Highway, South • Suite B • Glen Burnie, MD 21061
9411 Philadelphia Road • Suite F • Rosedale, MD 21237
7600 Osler Drive • Suite 305 • Towson, MD 21204
3401 Box Hill Corporate Center Drive • Suite 204 • Abingdon, MD 21009
1838 Greene Tree Road • Suite 325 • Pikesville, MD 21208
826 Washington Road • Suite 203 • Westminster, MD 21157



www.hyperhealhyperbarics.com
P: 410-433-4300 | F: 443-330-5676